

EDUCATION RESOURCES:

AITKIN AREA TRAINING & EVENTS CALENDAR

FREE ONLINE VIDEOS, SESSIONS, &/OR ZOOM MEETINGS:

Mindspring Mental Health Alliance: offers free online webinars at:
<https://www.mindspringhealth.org/get-involved/webinars-and-events>

Wellness in the Woods is dedicated to improving access to mental health care for all residents of Minnesota with a focus on reaching underserved communities. This organization provides programs and activities centered on advocacy, education, and expanding statewide peer networks. Keep up to date with VPSN activities, sessions and Zoom meetings at:
<https://mnwitw.org/calendar-of-sessions>

Selander Coaching and Consulting, virtual Naloxone Administration training.
Call: 218-820-2813 or E-mail: selandercoachingandconsulting@gmail.com.
Visit their [Facebook page](#)

LOCAL & REGIONAL TRAINERS:

Northern Minnesota Suicide Prevention
Northeast Regional Coordinator: Ali Randall
Call: 218-878-2870
E-mail: Alicia.randall@co.carlton.mn.us

Northern Pines Mental Health Center
Front Line Care Project Lead: Destiny Brown
Call: 218-821-2501
Email: dbrown@npmh.org

Selander Coaching & Counseling
Founder and CEO: Arlene Selander
Call: 218-820-2813
E-mail: selandercoachingandconsulting@gmail.com