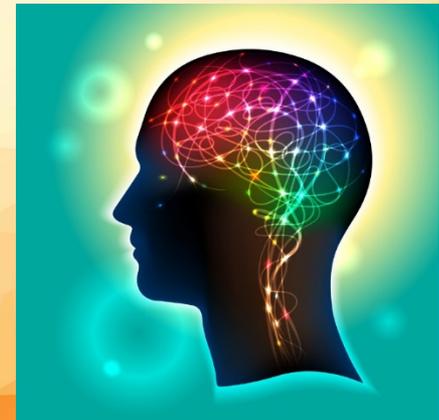


Adult Mental Health

Let's talk about it.....





Rules Regulations Mandates Governing Laws

- Adult Mental Health Act, MN Statute 245.461 to 245.4863
- Minnesota Statutes, Section 256B.0625 (Services)
- Minnesota Rules 36, Chapter 9520, Parts 9520-9520.0926 (Services & Case Management)
- Minnesota Rule 47, Chapter 9505, Parts 9505.0010 to 9505.0140 (MA Eligibility)



Targeted Case Management

Minnesota Rule 36, Chapter 9520

1. Complete a written functional assessment and develop, together with the adult, an individual community support plan based on the client's diagnostic assessment and needs within 30 days after the first meeting with an adult who is eligible for case management services;
2. Review and update the adult's individual community support plan according to the adult's needs at least every 90 calendar days after the development of the first plan and at the same time review the adult's functional assessment as specified in part [9520.0919](#), subpart 2;
3. Monitor the adult's progress toward achieving the outcomes specified in the adult's individual community support plan and report progress toward these outcomes to the adult and other members, if any, of the case management team at the time of the review required under sub item (2);
4. Involve the adult with serious and persistent mental illness, the adult's family, physician, mental health providers, other service providers, and other interested persons in developing and implementing the adult's individual community support plan to the extent possible and with the adult's consent;



Targeted Case Management

Minnesota Rule 36, Chapter 9520 Cont.

5. Arrange for a standardized assessment by a physician of the adult's choice of side effects related to the administration of the adult's psychotropic medication;
6. Attempt to meet with the adult at least once every 30 calendar days or at least once within a longer interval of between 30 and 90 calendar days as specified in the adult's community support plan;
7. Be available to meet with the adult at the request of the adult more frequently than specified in sub item (6);
8. Actively participate in discharge planning for the adult and, to the extent possible, coordinate services necessary to assist the adult's smooth transition to the community if the adult is in a residential treatment facility, regional treatment center, correctional facility or any other residential placement, or an inpatient acute psychiatric case unit;
9. Inform the adult of the right to appeal as specified in Minnesota Statutes, section [245.477](#), if the mental health services needed by the adult are denied, suspended, reduced, terminated, or not acted upon with reasonable promptness, or are claimed to have been incorrectly provided.



Criteria for Services

A condition with a diagnosis of mental illness that meets at least one of the following:

- The recipient had two or more episodes of inpatient care for mental illness within the past 24 months
- The recipient had continuous psychiatric hospitalization or residential treatment exceeding six months' duration within the past 12 months
- The recipient has been treated by a crisis team two or more times within the past 24 months
- The recipient has a diagnosis of schizophrenia, bipolar disorder, major depression or borderline personality disorder; evidences a significant impairment in functioning; and has a written opinion from a mental health professional stating he or she is likely to have future episodes requiring inpatient or residential treatment unless community support program services are provided



Criteria for Services

A condition with a diagnosis of mental illness that meets at least one of the following continued

- The recipient has, in the last three years, been committed by a court as a mentally ill person under Minnesota statutes, or the adult's commitment as a mentally ill person has been stayed or continued
- The recipient was eligible under one of the above criteria, but the specified time period has expired
- The recipient was eligible as a child with severe emotional disturbance, and the recipient has a written opinion from a mental health professional, in the last three years, stating that he or she is reasonably likely to have future episodes requiring inpatient or residential treatment of a frequency described in the above criteria, unless ongoing case management or community support services are provided



Aitkin County Adult Mental Health Specific Info

- All requests come in through Aitkin County Health and Human Services Intake.
- Aitkin County has three Adult Mental Health Case Managers- Nick Anderson, Reina Irvine, Rebecca Person.
- Diagnostic Assessment is required to determine SPMI status.
- Overall goal is to support individuals in obtaining stability with mental health by accessing community resources and services.



Revenues/Expenditures

- The Adult Mental Health Targeted Case Management revenue is \$597 per month.



Community Partners

- Riverwood Health Care Center
- Mobile Crisis
- Northern Pines Mental Health Center
- Nystroms and Associates
- Northland Counseling
- DHS
- Safe Harbor
- Law Enforcement
- Police Department
- Salvation Army
- Aitkin County Jail
- Northern Psychiatric
- New Leaf
- Workforce Center
- Lutheran Social Services
- Lakes and Pines
- HRA and local housing providers
- Vocational Rehabilitation Services
- Productive Alternatives



AMHI Programs

- Comprehensive Re-Entry Project- \$287,000 to implement across Region V+
- Regional Warm Line-Expansion across Region V+ with increased hours, 5pm-5am
- Regional Website Development- Link to the website is: <https://www.region5mentalhealth.com/>
- Supportive Housing- Central MN Housing Partnership will develop a long term housing unit for people with mental health issues in Baxter, ground breaking May 2019 and completion May 2020
- Regional Transition Specialist- Kayla Voelker hired by NJPA as Regional Transition Specialist to work to move individuals at AMRTC and CBHH when they no longer meet level of care
- CCBHC- Comprehensive care coordination model provided by Northern Pines in Region V+, incorporates both mental health and chemical dependency



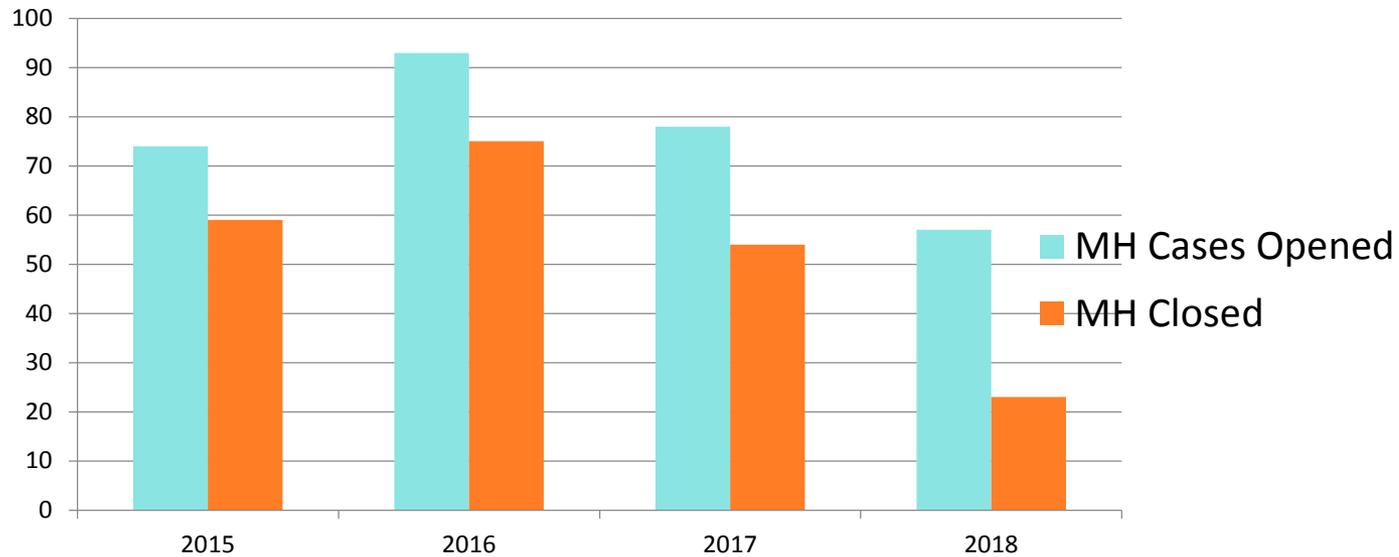
Mental Health

- 28.1 Million Bonding dollars- AMHI is reaching out to local hospitals in region to see if there would be an interest in developing regional behavioral health crisis centers.
- Changes in MH Services over the years- in 1950 there were 337 state hospital beds per 100,000 people and currently nationwide 11.7 beds per 100,000. Health Policy experts recommends 40-60 mental health beds for every 100,000 people and Minnesota currently has 3.5 beds for every 100,000 people. MN is ranked 50 out of all states on having the fewest number of beds per population.
- Results of limited resources are: increased wait times for beds, longer time spent in jails and hospitals, people placed in inappropriate settings, increased costs to counties and states, increased lawsuits against states.



Aitkin County Statistics on Number of Clients Served

Total Adult Mental Health Cases





Personal Success Stories

- Successfully assisted a long term homeless person into permanent housing.
- Assisted client recently released from prison to obtain housing and employment in addition to connecting with local mental health services.
- Assisted client to obtain sober housing, connect with mental health services and return to school for his bachelor's degree.
- Assisted client to leave an abusive relationship and move to WI to live near his family.
- Connected client with available services enabling him to remain in his home.
- Increased community providers in the area and ability to offer choice to clients.
- Assisted a person in locating permanent and affordable housing with mental health resources easily accessible.
- An individual with chronic mental health and chemical dependency issues independently reached out to his county contact for assistance after relapsing.



Challenges

- Limited psychiatric providers, housing, transportation, placement options.
- Increased chemical use problems which impact mental health needs.



Questions