



Aitkin County Health & Human Services

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AITKIN COUNTY HEALTH & HUMAN SERVICES ADVISORY COMMITTEE

Meeting Minutes

May 2, 2018

Committee Members Present:

Robert Marcum
Penny Olson
Carole Holten
Beverly Mensing
Kari Paulsen
Maureen Mishler
Marlene Abear
Roberta Elvecrog
Jon Moen

Commissioner Mark Wedel
Commissioner Bill Pratt

Others Present:

Joel Hoppe

Guests:

Erin Melz, Public Health Supervisor
Kim Larson, Adult Social Services Supervisor
Jen Henke, Social Worker
Shawn Speed, Clerk to the Committee

Absent:

Joell Miranda
Joy Janzen
Kristine Layne
Kevin Insley

I. Call to Order

- a. Robert called to order the regular meeting of the Aitkin County Health & Human Services Advisory Committee at 3:30pm on May 2, 2018 at Aitkin County Health & Humans Services in the large conference room.

II. Approval of May 2, 2018 Agenda

- a. Roberta moved to approve the agenda as presented, Carole seconded, all members voting yes to approve the May 2, 2018 agenda.

III. Approval of minutes from April 4, 2018 meeting

- a. Roberta moved to approve the minutes as written, Beverly seconded, all members voting yes to approve the April 4, 2018 minutes.

IV. HHS Director Comments – Cynthia Bennett

- a. Cynthia spoke to the committee briefly thanking all who volunteered for her sub-committee and commented that she only needed four people and would like, if the committee would allow her, to draw from a hat to come up with the four people she needed out of the six that volunteered.
- b. Robert commented he would like to be sure he has input for items this year so he would withdraw his name for anything but that regard.

V. Committee Member Input / Updates – Must be informational in nature, relative to Aitkin County Health & Human Services and not exceed five minutes per person.

- a. Roberta asked if there was room to sign up for the Suicide Prevention class being held on the 14th and Erin informed her that there was.

VI. MN Choices Programs – Kim Larson and Erin Melz

- a. Brought with them two of the eight assessors that they have, Jon Moen and Jen Henke.
- b. Assessors are usually social workers or public health nurses.
- c. Went through the attached slide show.
- d. Carole asked if people who are not on public assistance can get the assessments and was informed they can. After they are given their options as it pertains to them.
- e. Roberta asked about whether or not concussions will be included as a TBI and Kim said it all depends on the severity of it.

VII. Comments:

- a. Feedback from the HHS Board Meeting – Kristine and Joell – April 24, 2018
 - i. As Kristine and Joell were absent, Roberta read the report that Kristine wrote up for the committee.
- b. Committee Members scheduled to attend upcoming HHS Board meetings in 2018:

May 22	Roberta Elvecrog	Marlene Abear
June 26	Kevin Insley	Beverly Mensing
July 24	_____	_____
August 28	Bob Marcum	_____
September 25	Carole Holten	_____

October 23
November 27
December 18

Jon Moen

Bob Marcum

VIII. Adjournment

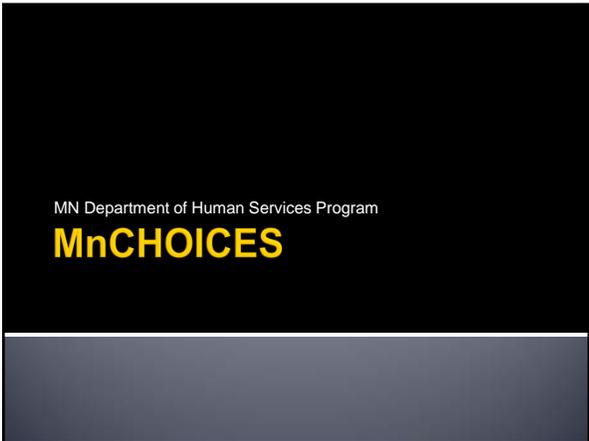
- a. Motion by Kari to adjourn the meeting, seconded by Maureen, all members voting yes to adjourn the meeting at 5:00pm.

Robert Marcum, Chairperson

Shawn Speed, Clerk to the ACH&HS Advisory Board

The following documents were included in the packet of information sent to the members for review prior to the meeting or distributed at the meeting:

- Copy of the agenda for the May 2, 2018 meeting.
- Copy of the minutes from the April 4, 2018 meeting.
- Copy of the April 24, 2018 H&HS Board meeting minutes.
- Copy of the MN Choices presentation



What is MnCHOICES?

- MnCHOICES is a single, comprehensive assessment and support planning tool.
- MnCHOICES replaces three legacy documents.

MnCHOICES Implementation

- The state of Minnesota implemented MnCHOICES in 2014.
- The Managed Care Organizations have not yet been implemented and no future date has yet been determined.

What does MnCHOICES do?

- MnCHOICES provides a standardized assessment to any individual.
- MnCHOICES determines eligibility for publicly funded long term services and supports in the state of Minnesota.

What does MnCHOICES do?

- MnCHOICES provides Person Centered Support Planning for individuals assessed.
- MnCHOICES assessments determine an individual's level of care.

What may I be eligible for?

- MnCHOICES determines eligibility for multiple state and federally funded programs. These programs include...
- Alternative Care
- Brain Injury Waiver
- Community Alternative Care Waiver
- Community Access for Disability Inclusion Waiver

Eligibility continued...

- Elderly Waiver
- Essential Community Supports for Seniors
- Moving Home Minnesota
- Personal Care Assistance
- Case Management

Eligibility continued...

- Semi Independent Living Services
- Developmental Disabilities Waiver
- Consumer Support Grant
- Consumer Directed Community Supports

How do I obtain a MnCHOICES assessment in Aitkin County?

- Individuals or loved ones of individuals may call Aitkin County Adult Intake @ 218-927-7200 to request an assessment.
- The Adult Intake Worker will gather identifying information from the caller.

Aitkin County process continued....

- The assessment request will be assigned out to a certified assessor.
- The certified assessor will make contact with the individual setting a date to complete the assessment.
- Additional information will be obtained by the certified assessor.

What happens during the MnCHOICES Assessment?

- The certified assessor will review program and service provider information with the individual.
- A variety of documents will require signatures to verify information was reviewed with the person being assessed.
- The certified assessor will ask multiple questions in efforts to get a well rounded perspective of the person's needs. These questions are broken down into 14 different domains.

What happens during an assessment continued...

- An assessment interview may take up to 4 hours with the individual.
- A certified assessor may or may not be able to tell the individual what they are eligible for during the assessment interview.
- The certified assessor will communicate with the individual what the assessment results are as soon as possible.

What happens during an assessment continued...

- The certified assessor will complete a MnCHOICES Support Plan within 40 days which will be mailed out to the individual requesting the assessment.
- The MnCHOICES Support Plan will explain the individuals strengths and needs as well as hopes and dreams.

What happens after the MnCHOICES Assessment?

- The individual who received the assessment will decide what services they would like to implement.
- Once a person makes an informed choice on services, a case manager will be assigned to the individual.
- The case manager will create a MnCHOICES Supports and Services Plan and work with the individual on implementing a Person Centered Plan to address needs.

What happens after continued...

- The case manager will monitor services that are coordinated to assure services are appropriate and meeting the individuals needs.
- The case manager will complete a MnCHOICES reassessment at least annually to re-determine eligibility.

Who are the Aitkin County MnCHOICES Certified Assessors?

- Bonnie Carlson, RN
- Leslie Christiansen, SW
- Ann Chouinard, SW
- Jennifer Henke, SW
- Kim Hinsz, SW
- Jon Moen, SW
- Amber Rosier, SW
- Bethany Sellers, PHN

2017 MnCHOICES Data

- 282 MnCHOICES assessments completed in 2017.

Current Caseload Data

- AC- 4
- BI-3
- CAC-1
- CADI-59
- CSG-3
- DD-72
- PCA-38
- FSG-1
- EW-17
- CGM-1
- BCBS-112
- COL-10
- Pending-23

- Total-344

MnCHOICES initiative

What is MnCHOICES?

MnCHOICES is a single, comprehensive assessment and support planning web-based application used by professionals who the state has certified as assessors and support planners for long-term services and supports. It uses a person-centered planning approach to help people make decisions about long-term services and supports.

MnCHOICES replaces the following assessment tools:

- Developmental Disabilities Screening
- Long-Term Care Consultation
- Personal Care Assistance Assessment

What does MnCHOICES do?

- Promotes timely consideration of support options reimbursed through Medical Assistance long-term service programs.
- Provides greater consistency in how eligibility is determined for publicly funded long-term services and supports across Minnesota.
- Implements a single comprehensive assessment to determine needs and support planning.
- Provides additional data to evaluate outcomes.
- Streamlines support plan development.
- Determines eligibility for publicly funded programs and services for all ages and disabilities including:
 - Alternative Care Program
 - Brain Injury Waiver
 - Community Alternative Care Waiver
 - Community Access for Disability Inclusion Waiver
 - Consumer Support Grant
 - Developmental Disabilities Waiver
 - Elderly Waiver
 - Essential Community Supports for Seniors
 - Moving Home Minnesota
 - Personal care assistance
 - Case management
 - Semi-independent living services

Who will benefit?

MnCHOICES benefits people of all ages and disabilities who need long-term services and supports. It also benefits lead agencies (counties, tribes and managed care organizations) responsible for completing assessments and support planning.

- It helps the person better understand his or her support needs and how to get services to meet those needs.
- These services can help the person stay at home or move home from a hospital, nursing home or other institution.
- If a person qualifies for publicly funded programs, it helps them to access programs such as Medical Assistance home and community-based waiver services, personal care assistance and other long-term services and supports.
- If the person does not qualify for publicly funded programs, it helps them learn about and have help accessing other support options.

What are other benefits of a MnCHOICES assessment?

- Supports matching services to an individual's strengths, preferences and needs
- Promotes equal access across populations and geographic areas
- Replaces multiple assessments for different programs
- Reduces paperwork
- Helps with support planning
- Promotes statewide quality measurement.

How does a person get help?

A person of any age with disabilities or in need of long-term services and supports can ask for a MnCHOICES assessment by contacting the Senior LinkAge Line at 1-800-333-2433, the Disability Linkage Line at 1-866-333-2466 or the county or tribe where they live.

How many people will benefit?

In 2016, a total of 118,219 assessments were completed in Minnesota. It is projected that more than 185,000 will be completed in 2020.

What is the status of MnCHOICES?

Currently all Minnesota counties and two tribes are using MnCHOICES. Efforts are being made for managed care organizations to use MnCHOICES.

Other information resources

- MnCHOICES page on DHS CountyLink: <http://www.dhs.state.mn.us/mnchoices>
- MnCHOICES email: DHS.Mnchoices@state.mn.us
- Subscribe to MnCHOICES Matters: <http://mn.gov/dhs/partners-and-providers/continuing-care/reform-initiatives/mnchoices/mnchoices-matters.jsp>
- MnCHOICES public website pages: <http://mn.gov/dhs/partners-and-providers/news-initiatives-reports-workgroups/long-term-services-and-supports/mnchoices/>

For accessible formats of this publication or assistance with additional equal access to human services, write to dhs.info@state.mn.us, call 651-431-2600, or use your preferred relay service.