

Region 5+ Adult Mental Health Initiative



History of How We Developed



- 1866 St. Peter established
- 1963 Community Mental Health Act
- 1982 Commitment Act
- 1987 Adult Mental Health Act
- 1989 Children's Mental Health Act

Results



- Reductions in numbers of people served in state hospital settings
- Increase in community resources
- Re-allocation of funds to Adult Mental Health Initiatives
- Region 5+ Initiative originated in 1997

Who is Region 5 + AMHI



- Aitkin
- Cass
- Crow Wing
- Morrison
- Todd
- Wadena
- Mille Lacs Band of Ojibwe
- Leech Lake Band

Management Process & Goals



- Executive Committee meets monthly, quarterly with providers
- Determine gaps in service within the region
- Coordinate/create services to meet regional needs
- Monitor existing services
- Manage initiative dollars
- Establish and maintain relationships at the local, regional, and state level

Goals for Service Providers



- Reduce hospitalizations
- Reduce hold order costs
- Provide services in all six counties
- There is no “wrong door” to access services
- Services are self directed
- Services are provided in the least restrictive setting
- Support is provided at the right time and right place
- Services incorporate a Holistic view
- Services shall decrease the duration of involuntary services
- Cost effective

Services in our Region



- ACT-Assertive Community Treatment
- ICTS-Intensive Community Transition Services
- Employment Services
- ARMHS-Adult Rehabilitative Mental Health Services
- Behavioral Health Homes
- Case Management
- WRAP-Wellness Recovery Action Plan
- Day Treatment
- Drop In Centers
- CPS-Certified Peer Specialist
- Housing

Services in our Region cont.



- MCO-Mobile Crisis
- Crisis Residential Treatment
- Mental Health First Aid
- First Episode Psychosis Program
- Community Education and Prevention
- IRTS-Intensive Regional Treatment Services
- Acute Care Hospital-Inpatient
- Minnesota Security Hospital-MI & D
- DBT-Dialectical Behavior Therapy

AMHI Budget



- AMHI Grant is \$1,236,491
- Distributed among all counties, originally based on population
- Fiscal Host-Crow Wing County
- Internal process of financial management and tracking of use

New or Upcoming Services



- CCBHC-Certified Community Behavioral Health Clinic
- Outpatient Chemical Dependency Treatment in Aitkin
- VIDYO in Aitkin County Jail
- Housing Planner
- Transition Specialist