

**AITKIN COUNTY HEALTH & HUMAN SERVICES**  
**BOARD MEETING MINUTES**  
**September 22, 2015**

III.

**I. Attendance**

The Aitkin County Board of Commissioners met this 22nd day of September, 2015, at 9:04 a.m. as the Aitkin County Health & Human Services Board, with the following members present: Chairperson Commissioner Mark Wedel; Commissioners, Ann Marcotte, Brian Napstad, Don Niemi, and Laurie Westerlund; and others present included: County Administrator Nathan Burkett; H&HS Staff Members Tom Burke, Director; Jessi Schutlz, & Ann Rivas, Social Service Supervisors; Erin Melz, Public Health Supervisor; Jessica Goble, Income Maintenance Supervisor; Julie Lueck, Clerk to the Health & Human Services Board; and guests; Adam Hoogenakker, Aitkin Independent Age; and Roberta Elvecrog, Jessica Seibert, and Marlene Abear, H&HS Advisory Committee Member; Bob Harwarth & Georgia Johnson, citizens.

**II. Approval of Health & Human Services Board Agenda**

*Motion by Commissioner Westerlund, seconded by Commissioner Niemi, and carried; the vote was to approve the Agenda.*

**III. Review August 25, 2015 Health & Human Service Board Minutes**

*Motion by Commissioner Napstad, seconded by Commissioner Niemi, and carried; the vote was to approve the Minutes.*

**IV. Review Bills**

*Motion by Commissioner Napstad, seconded by Commissioner Westerlund, and carried; the vote was to approve the Bills.*

**V. General/Miscellaneous Information**

- A. CHIP Photo Voice – Erin Melz & Amy Wyant gave a PowerPoint presentation showing the progress made and accomplishments to date of the Aitkin-Itasca-Koochiching CHS Community Health Improvement Plan noting our three priorities are 1) Eating Habits; 2) Parenting/Family Systems; and 3) Healthy Start for Children-Adolescents. It was noted that each of the sections describe each community health priority, including: \*Why do we care? \*What do we know? \*Where do we want to be? And \*What needs to happen? See attached CHIP Photo Voice PowerPoint Slides.
- B. Caseload Trends – Tom Burke reviewed the charts and graphs included in the packet noting we will continue to update these and review them in the future for staffing purposes and services to offer to avoid high end crisis situations. Commissioner Napstad asked for “trend lines” on these charts.
- C. NACO Nominations
  - 1. Health Policy Steering Committee – Tom Burke
  - 2. Healthy Counties Initiative Advisory Board – Tom Burke

Motion by Commissioner Westerlund, seconded by Commissioner Marcotte, and carried, the vote was to approve the participation and appointment of Tom Burke to the following two NACO committee positions:

  - 1. Health Policy Steering Committee – Tom Burke
  - 2. Healthy Counties Initiative Advisory Board – Tom Burke
- D. Jail Programming Update - Ann Rivas updated the Board that she gave the “Make it Okay” presentation to 11 males who volunteered to attend on September 9, 2015. The out of county inmates informed Ann that this was the first time they were able to openly talk about Mental

Illness issues in a corrections facility. Various discussions ensued including co-occurring disorders, positive and negative coping mechanisms, medications and how do you cope with mental illness without medications. Feedback from inmates included a veteran asking for information for veterans and how they can get help. Inmates also asked that there be training done with the staff in the jail to help them understand anxiety and depression. We received one request for Discharge Planning. Ann will be doing another presentation on October 7<sup>th</sup>. She also noted that there was a recent article in the Age about this program and watch for additional articles in the Age in October during Mental Health Awareness Month.

## **VI. FYI**

- A. Minnesota WIC Everyday Hero Award – Erin Melz updated the Board that Naomi Larson was nominated and the recipient of the WIC Everyday Hero Award out of all of the NE WIC Staff. Congratulations were extended to Naomi Larson.
- B. Hill City Wellness Expo – Amy Wyant and Erin Melz reviewed the data gathered for the September 1, 2015, Hill City Back to School Health & Wellness EXPO and Dinner. She noted the dinner was funded 100% by three organizations that included: \$500 from the Hill City Lions; \$300 from the Hill City Fire Department and \$250 from the Blandin Foundation. Please see the handout included in the packet for all the statistical information surrounding the success of this event.

## **VII. Contracts**

- A. WIC Agreement – Hill City for the period October 1, 2015 to September 30, 2016 between Aitkin County Health & Human Services and the Hill City Assembly of God Church. *Motion by Commissioner Marcotte, seconded by Commissioner Napstad, and carried; the vote was to approve the WIC Agreement – Hill City for the period October 1, 2015 to September 30, 2016 between Aitkin County Health & Human Services and the Hill City Assembly of God Church.*

## **VIII. Administrative Reports:**

- A. Financial & Transportation Reports – Kathy Ryan reviewed the Fiscal Reports noting the previous discussion with respect to the extensive costs for the Anoka County facility bill. Overall budget is looking good. She has updated the Foster Care Reimbursement fees. The transportation piece appears to be lower due to various reasons, i.e. self-transports, we don't pay for no load miles, and the cost of gas has dropped removing the per diems.

## **IX. Committee Reports from Commissioners**

- A. H&HS Advisory Committee – Commissioners Westerlund and/or Marcotte  
Committee Members attending today: Jessica Seibert & Marlene Abear  
No September 2<sup>nd</sup> meeting held. It was noted the committee will be serving the Aitkin Community Meal on Monday, September 28<sup>th</sup>.
- B. AEOA Committee Update – Commissioner Westerlund – No meeting. Will meet in October.
- C. NEMOJT Committee Update – Commissioner Napstad – No meeting.
- D. CJI (Children's Justice Initiative) – Commissioner Westerlund – No meeting.
- E. Lakes & Pines Update – Commissioner Niemi met recently and noted there is a lack of HeadStart enrollees this year.

**X. Break at 10:12 a.m. for 15 minutes**

**Next Meeting –October 27, 2015**