

2015 Hill City Back to School Health and Wellness EXPO and Dinner Data

Event: September 1, 2015, Hill City High School, 4 pm-7 pm

Coordinator: Amy M. Wyant, Aitkin County Health & Human Services Public Health Unit

36 families checked out a passport

35 parents attended the EXPO

58 students attended the EXPO, of those students, we know the following:

2 were preschoolers

4 were Kindergartners

1 was a First Grader

2 were Second Graders

3 were Third Graders

4 were Fourth Graders

4 were Fifth Graders

15 were Sixth Graders

3 were Seventh Graders

1 was an Eighth Grader

3 were Ninth Graders

4 were Tenth Graders

1 was an Eleventh Grader

2 were Twelfth Graders

78 people visited the American Lung Association station

36 people visited the Bike Mini-Rodeo station

85 people visited the "Change to Chill" station

68 people visited the Hand Washing station

69 people visited the Healthy Snack station and 94 cups of snack were served

42 people visited the Indoor Recess station

83 people visited the Riverwood Healthcare Center station

36 people visited the Towards Zero Death & Child Passenger Safety station

34 people visited the Yoga and Stretching Karmady station

According to our records from 21 passports:

1 person completed 3 stations
1 person completed 4 stations
1 person completed 5 stations
1 person completed 6 stations
2 people completed 8 stations
3 people completed 9 stations
8 people completed 13 stations

1 additional station was added which was the MN Statewide Pedestrian Plan
2 people staffed this station from the Twin Cities

7 planning meetings were held: July 15, 30, August 7, 13, 20, 28 and September 1.
30 people served on the EXPO staff on event day

The following money was raised for the dinner:
\$500 from the Hill City Lion's Club
\$300 from the Hill City Fire Department
\$250 from the Blandin Foundation

Dinner was catered by Sunny's & Roadside Market.

Informational bags were provided by Aitkin County Health & Human Services Public Health Unit and were assembled by EXPO Planning Team members.

Passports were assembled by Joell Miranda.

Tables and event venue were provided by ISD#2.

Technical assistance was provided by Beth Swenson.

6 bicycles were provided by Lisa Kruse, McGregor Community Education for the Bike Mini-Rodeo Station and transportation of bicycles was provided by Pat Scollard, STS Coordinator.

Jodi Nordlund, U of M Extension SNAP Educator, was permitted to use the Home Ec room to prep food for the Healthy Snack Station.

EXPO Planning Team Members:

Amy M. Wyant
Dean Yocum
Jeff Madsen
Jodi Nordlund
Kathy Carroll
Martha Lentz
Tami Meyer
Joell Miranda
Anne Marcotte
Tom Fasteland
Lara Parkin
Beth Haasken
Kathy Krammer
Joey Harcey
Mendy
Dawn Harcey
Donna Doege
Geri Hidde
Dawn Fairchild
Julie Anne Larkin
Ann Hauser
Dan Schletty
Casey Pierce
Amy Saylor
Paul Bruggman
Conner Cox
Sara Dunlap
Jeanne Fasteland