

**AITKIN COUNTY HEALTH & HUMAN SERVICE
ADVISORY COMMITTEE MEETING MINUTES
Wednesday, December 5, 2012**

Committee Members Present:

Vernon Awes
Jim Carlson
Roberta Elvecrog
Mickey Gault
Kami Genz, CMCC
Renee Larson
David Leaf
Robert Lewis
Tricia Martin, ACCare
Sara Math, AFSCME Union Rep
Cheryl Meld
Michele Plagman
Commissioner Laurie Westerlund

Others Present:

Cynthia Bennett, Public Health Supervisor
Stacey Durgin, Public Health Educator
Julie Lueck, Clerk to this Committee

Absent:

Kathy Barker
Commissioner Anne Marcotte

I. Approval of Agenda

Motion by Dave Leaf, seconded by Mickey Gault, and carried; the vote was to approve the Agenda with the addition under VII. Miscellaneous Discussion A. Child Abuse Radiothon information.

II. Approval of Minutes of the November 7, 2012 Meeting

Motion by Renee Larson, seconded by Vern Awes, and carried; the vote was to approve the November 7, 2012, minutes as mailed.

- III. SHIP Update** - Stacey Durgin gave a Prezi presentation on SHIP (Statewide Health Improve Program) which aims to help Minnesotans live longer, healthier lives by reducing the burden of chronic disease. She discussed the various aspect of the program which addresses unhealthy behaviors that are common and include: 1) Less than 25% consume the recommended servings of fruits and vegetables; 2) only 50% meet the recommendations for physical activity; 3) 18% are currently smokers; and the fact that chronic diseases take a financial toll on our state and SHIP efforts are projected to save an estimated \$1.9 billion in Minnesota by 2015. Stacey also reviewed the Active Transportation, Safe Routes to School, Healthy School Foods, and Breastfeeding projects.

Sub-topic: Community Transformation Grant is the next step after SHIP. It is a 5 year grant through the CDC for "Making the Healthy Choice the Easy Choice in Northern Minnesota". The local and sub-regional will be expanding and accelerating SHIP 2.0 efforts.

- IV. Hot Topics for Discussion** - Nothing noted at this meeting.

V. Comments:

A. Comments from the Committee Members for the Commissioners relative to HHS – A request was brought forward that after Eileen Foss makes her presentation to the Board regarding a sample MFIP/unwed mothers case, that she also make the presentation to this committee.

B. Feedback from the Board Meetings – from those folks who attended the meeting:
November 27 – Roberta Elvecrog & Cheryl Meld

C. Committee Members scheduled to attend upcoming Board Meetings in 2012

DECEMBER 18

Tricia Martin

Cheryl Meld

VI. Community Recognition

A. The Community Choir – **Bryan Johnson, Director**, was presented during this meeting.

B. Sandy Kilde, Director – **McGregor Contata**, will be presented on Thursday, 12/13/12 around 1:00 p.m at the McGregor School.

C. Operation Christmas Committee, will be presented at 4:30 p.m. on Monday, 12/10/12 at the Moose Lodge in Aitkin.

D. Great River Strings, will be presented in January, 2013.

E. Walking/Biking Trail Committee – more information will be gathered as to who to present the certificate to and decide when to make the presentation.

VII. Miscellaneous Discussion

A. Child Abuse Radiothon – It was noted that the Radiothon will be on Thursday and Friday this week (12/6-7/12) and folks should go on line to get the phone number to call in pledges.

B. AEOA - It was noted that AEOA has not yet updated the website but that they are providing new information in January of 2013 via brochures.

C. Dave Leaf has a list of suggestions for upcoming meetings and asked that committee members think about these ideas for further discussion at the January meeting:

1. Promote the things the presenters tell the committee about by sharing them on the radio or through newspaper articles.
2. Questioned how long it has been since we reviewed the By-Laws, Mission Statement, etc. and maybe that would be a good project to look into.
3. Develop Goals & Objectives for the Committee for 2013.
4. Folks attending committee meetings should report the information they've learned from this committee back to those other groups and vice versa.
5. How can we do more to be supportive and helpful to ACHHS and the Commissioners?

IX. Adjourn

Motion by Dave Leaf, seconded by Cheryl Meld, and carried; the vote was to adjourn the meeting at 4:55 p.m.

Roberta Elvecrog, Chairperson

Julie Lueck, Clerk to

Aitkin County Health & Human Services Advisory Committee

The following documents were included in the packet of information sent to members for review prior to the meeting or distributed at the meeting:

- Draft copy of the Minutes of the November 7, 2012, Advisory Committee Meeting
- Draft copy of the November 27, 2012 Health & Human Services Board Meeting Minutes