AITKIN COUNTY HEALTH & HUMAN SERVICE ADVISORY COMMITTEE MEETING MINUTES

Wednesday, April 4, 2012

Committee Members Present:

Vernon Awes Kathy Barker Roberta Elvecrog Mickey Gault Kami Genz, CMCC

Renee Larson David Leaf Robert Lewis

Tricia Martin, ACCare

Sara Math, AFSCME Union Rep

Cheryl Meld Michele Plagman

Commissioner Anne Marcotte
Commissioner Laurie Westerlund

Others Present:

Tom Burke, Director

Julie Lueck, Clerk to this Committee Leslie Christensen, Social Worker Kathy Carlson, Public Health Nurse

Eileen Foss, Income Maintenance Supervisor

Absent:

Jim Carlson

I. Approval of Agenda

Motion by Bob Lewis, seconded by Mickey Gault, and carried; the vote was to approve the Agenda as mailed.

II. Approval of Minutes of the March 7, 2012 Meeting

Motion by Renee Larson, seconded by Bob Lewis, and carried, the vote was to approve the March 7, 2012, minutes as mailed.

III. Senior Linkage Line w/Assisted Living - Leslie Christensen, SW/Kathy Carlson, PHN Leslie and Kathy reviewed the acronyms:

CBS - Community Based Services — The intention is to work with people either if they need to determine funding sources or just need a planning tool. The rationale is how can we keep people at home safely and spend their dollars or public dollars in their home to prevent or delay a nursing home or facility placement.

LTCC – Long Term Care Consultation – There are three main purposes to having an LTCC Assessment which include: (1) When someone goes from a community or home setting to a Nursing Home setting without hospitalization to determine if it is an appropriate placement; (2) Planning Tool; and (3) As a screening tool to meet medical criteria to access waiver programs and funding. (An LTCC holds for 60 days.)

CBS Services – Community Based Services – A wide range of services that we can and do use in people's homes to support them staying in their homes. An example of some services include: possibly a nurse going into the home, accessing Life-Line; Meals on Wheels; specialized equipment; housekeeping; respite; Senior Companion; anything that can assist someone in staying in their home. HHS staff serve as educators to help folks access funding sources and services.

EW - Elderly Waiver is a funding source with state and federal dollars that go into a pot to fund people's home care services.

AC-EW - Alternative Care-Elderly Waiver is also a funding source with state and federal dollars to fund people's home care services. The financial ability is a little different with this waiver than the EW although the money is also state and federal dollars with financial eligibility met to qualify.

TBI - Traumatic Brain Injury - People with concussions/traumatic brain injury which is another waiver which is also a funding source.

CADI – Community Alternative for Disabled Individuals - Folks who are under age 65 years old, certified disabled and on medical assistance. There can be various other criteria for disabilities too.

Tricia Martin discussed the "Fiscal Support Entity" for managing financial matters and noted she works through Consumer Directions in St. Cloud.

CL Code - Customized Living Code obtained by contacting Senior Linkage Line - When someone calls the Senior Linkage Line they will talk you through a process to educate you on the options in the community available for someone with specific service needs to make sure you have gotten the information you need to make an informed decision about your living situation. Then they will give you a Code number. This code number follows you for life. As you move in and out of facilities it shows you have had a conversation with respect to how you're spending your dollars and that this is the best option for you. Folks may or may not immediately need the customized living level of care to begin with and they need to know there are more/other options available. Folks generally move from private to federal dollars (very little state dollars are ever used). The process may begin with a full blown screen/assessment through the county or it may be done via a phone assessment with the Senior Linkage Line or the folks could waive the assessment completely and just ask for the code. It is meant as an educational tool to make sure the person has received all the information up front.

IV. MA Payments/Discussion relative to the options for seniors & a screening – Eileen Foss
Eileen wanted to make two specific points to begin with. One is "this is the way it is today (it
might have been different yesterday and it could be different tomorrow)". And two, "do not listen
to your friends & neighbors. People should come in and talk to a worker." Eileen noted that MA
(Medical Assistance) can help pay for services and there are 30 different categories for programs.
Eileen also discussed the 5 year look back with respect to giving away or selling property within
the last 5 years which can affect home care services as well as long term care services with a
penalty period. She also talked about the Asset Protection Act and Long Term Care insurance.

V. Hot Topics for Discussion

A. Nothing noted.

VI. Comments:

A. Comments from the Committee Members for the Commissioners relative to HHS – Nothing noted.

- B. Feedback from the Board Meeting Roberta Elvecrog & Sara Math Nothing noted.
- C. Committee Members scheduled to attend upcoming Board Meetings in 2012

MAY 22 Kathy Barker Dave Leaf	an
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JUNE 26 Jim Carlson Michele Plagm	
JULY 24 Roberta Elvecrog Vern Awes	
AUGUST 28 Vern Awes Roberta Elvecr	og
SEPTEMBER 25 Dave Leaf Roberta Elvecr	og
OCTOBER 23 Mickey Gault Roberta Elvecr	og
NOVEMBER 27 Roberta Elvecrog Cheryl Meld	
DECEMBER 18 Tricia Martin Cheryl Meld	

VII. Community Recognition

- A. Operation Christmas Tabled until fall when it will be an asset to the program with the additional publicity and recognition.
- B. Newspapers on Tape Tricia noted there are 5 volunteers. Motion by Renee Larson, seconded by Dave Leaf, and carried, the motion was to prepare a Community Recognition Certificate for the Volunteers of the "Newspaper on Tape" program during June.
- C. Ronda Shaw, LAC/MH Support Group for May MH Awareness Month Additional information will be gathered by Kami Genz with Susan Cebelinski with respect to this recognition.

VIII. Miscellaneous Discussion

A. Sign-Up to Serve the Community Meal in McGregor on May 16th – The sheet was passed around and committee members signed up to serve as well as provide bars and food for the dinner.

IX. Adjourn

Motion by Bob Lewis, seconded by Cheryl Meld, and carried; the vote was to adjourn the meeting at 4:56 p.m.

Roberta Elvecrog,	Chairperson

Julie Lueck, Clerk to

Aitkin County Health & Human Services Advisory Committee

The following documents were included in the packet of information sent to members for review prior to the meeting or distributed at the meeting:

- Draft copy of the Minutes of the March 7, 2012, Advisory Committee Meeting
- Draft copy of the March 27, 2012, Health & Human Services Board Meeting Minutes
- Long-Term Care Consultation Services Promoting & Supporting Independent Community Living
- Alternative Care & Elderly Waiver Programs Information Sheet
- Minnesota HealthCare Programs Brochure